



Insights and Encounters

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Catholic Charities of the Archdiocese of Toronto provides leadership, supports social services, and facilitates advocacy for its member agencies and the people they serve. At its core is Catholic Social Teaching that focuses on the poor and marginalized, urging us all to build a just society and safeguard the dignity of every person.



Volunteers unloading the weekly food bank delivery at Rose of Sharon





Healing After Abuse: Rosa's Path to a Brighter Tomorrow

Catholic Crosscultural Services



Imagine living quietly for decades in Canada, only to be faced with the trauma of an abusive marriage and the overwhelming challenge of rebuilding. That's Rosa's reality.

After breaking free from an abusive marriage, Rosa faced legal battles, financial instability, and emotional exhaustion, all while caring for her two daughters. She felt lost and unsure of where to turn.

When Rosa came to Catholic Crosscultural Services (CCS), she found a compassionate team ready to guide her through these challenges and provide the support she and her children needed.

Through CCS' women's support services, Rosa learned about her legal rights, connected with a lawyer, and applied for legal aid. Recognizing her emotional strain, our team also connected her to mental health counselling, youth programs for her daughters, and emergency food assistance.

The most powerful change came through our women's support group, a sisterhood where women like Rosa share their stories, understand their pain, and offer empathy and encouragement. In this safe space, courage replaced fear. Rosa says:

"I finally feel stronger. We lift each other up and remind one another that healing is possible."

Today, Rosa is rebuilding her life with renewed confidence and clarity.

Her story shows what's possible when women have access to safe, inclusive spaces and the right supports to heal. It's a reminder that recovery is a journey, one that becomes brighter when we walk it together.



A Celebration of Community, Gratitude, and Belonging

Catholic Community Services of York Region



Community building often happens in ordinary spaces — in shared rooms, in weekly gatherings, in conversations that grow over time. At one of the York Region subsidized housing communities where Catholic Community Services of York Region (CCSYR) offers programming, an ordinary Valentine's Day session became something unexpected.

The gathering had been planned as part of the regular Seniors Program offered by our Counselling Services. Instead, residents organized their own celebration. There were flowers, music, and dancing — all arranged to thank the CCSYR team members who have been present in their building week after week.

Guided by Catholic Social Teachings and our commitment to uphold the dignity of every person, CCSYR's Seniors Program delivers psychosocial wellness and social engagement activities directly within York Region subsidized housing communities. Made possible through the generous support of CCAT funding and ShareLife donors, and in collaboration with York Region Housing program managers, services are offered where seniors live. This approach reduces barriers and supports meaningful participation.

Just as importantly, residents help guide the program. Through ongoing conversations and feedback, seniors shape the activities offered in their building, ensuring their voices influence how the program evolves. In this way, the work reflects the principle of subsidiarity — responding to needs at the local level and strengthening the community from within.

During the Valentine's celebration, several seniors shared how much the program has come to mean to them. Activity days, art expression sessions, and psychosocial educational conversations have helped many feel less isolated and more connected within their York Region housing community.

What began as a service has grown into a shared community experience rooted in mutual appreciation. Inspired by the Gospel call to love and serve one another, CCSYR remains honoured to walk alongside seniors as they build friendships, express creativity, and contribute to the common good across York Region.



National Human Trafficking Awareness

Covenant House



Covenant House Toronto encourages early conversations with youth about online luring to prevent sex trafficking

Sex trafficking can happen to anyone, anytime anywhere. However, recent trends show a concerning increase in sex trafficking cases targeting young people, primarily online through social media platforms.

To mark National Human Trafficking Awareness Day last month and help build awareness about how this crime happens and how we can work together to prevent it, Covenant House Toronto asked Canadians to have early conversations about sex trafficking and online safety with the young people in their lives.

Digital technologies continue to quickly evolve and change the way we live, work and connect with others. Technology is also affecting how sex trafficking happens. The most recent data from Public Safety Canada indicated a 106 per cent increase in luring into online sexual exploitation over the past seven years, with the most common victim being 13-year-old girls. With younger generations being raised in an increasingly digital and interconnected world, awareness, education and conversation about luring and online safety are essential to help keep young people safe.

“Most luring we see these days is taking place online,” said Rachel George, Manager of the anti-human trafficking team at Covenant House Toronto. “This is why it is so important for young people and their caregivers to talk about this crime as early as possible and learn how to spot the signs, so they can stay safe and get help if they need it.”

To address this growing concern, Covenant House Toronto provides free sex trafficking education programs to students across the Greater Toronto Area. Last year, over 16,000 students learned how to protect themselves through these sessions.

The organization has also developed information and tools for caregivers, youth, service providers, educators, and the hospitality industry about this issue and what people can do to prevent this crime. These resources were developed with the support of survivors and are available on Traffick Stop, Covenant House Toronto’s anti-trafficking resource hub: traffickstop.ca.

Educators can book a presentation at their school by visiting covenanhousetoronto.ca.



Powered by Partnership: Food Support Made Possible Through Community Generosity

Rose of Sharon Services for Young Mothers



Rose of Sharon offers consistent, hands-on support to pregnant and parenting young mothers by addressing one of their most urgent needs: access to nutritious food and essential supplies. Each week follows a carefully coordinated rhythm. Every Tuesday, like clockwork, a Food Bank truck arrives with a delivery of fresh and shelf-stable food. No two deliveries are ever the same, so flexibility and teamwork are key. Staff, volunteers, and placement students step in together to unload boxes, sort items, label products, and organize inventory for the week.

On Wednesdays, volunteers arrive to help staff pack individualized food orders, ensuring each young mother receives items suited to her household and dietary needs. On Thursday, volunteer drivers arrive as we help them load their cars with deliveries. They take to the road, delivering food and supplies directly to our clients' doors all over York Region. Anyone who visits Rose of Sharon on these mornings can witness a well-planned, efficient process powered by collaboration and care.

In addition to food, deliveries often include clothing, diapers, wipes, baby food, formula, and personal hygiene items, all tailored to each client's specific circumstances. Overseeing this complex operation is our nutritionist, whose level of planning, coordination, and dedication is truly remarkable.

We are deeply grateful to Catholic Charities and ShareLife, through the Archdiocese of Toronto, for their generous \$30,000 donation toward food support this year. This funding allows us to purchase essential items that are rarely donated, such as specialized formula, baby food, and other high-demand products. With food insecurity remaining a serious concern, this support makes a meaningful difference in the lives of our young mothers, who are profoundly thankful for this ongoing care.



New Mississauga Location!

Safe Centre of Peel



The Safe Centre of Peel is a place of hope, healing, and dignity for those impacted by intimate partner violence. Built on a coordinated, community-based model and affiliated with Alliance for HOPE International, the Safe Centre brings essential services together in one safe location. This ensures that survivors do not have to navigate complex systems alone. Instead, they are met with compassion and supported through a network of professionals working collaboratively to meet their unique needs.

At the heart of the Safe Centre is partnership and collaboration. Now working alongside 29 core and auxiliary partners, the Safe Centre offers integrated services designed to create pathways to safety and stability while reducing barriers. Some of the services include counselling, crisis intervention, safety planning, legal support, assistance with housing applications, and even childminding. This structure enhances collaboration, reduces service gaps, and improves outcomes for individuals and families. Every interaction is grounded in respect, empathy, and the belief that everyone deserves to live free from violence.

In response to community needs, the Safe Centre of Peel has expanded its reach by opening a new location in Mississauga. The Safe Centre is now welcoming clients at 25 Capston Drive within The Circle: Peel Centre for Child, Youth and Family Well-Being. This new location strengthens the Safe Centre's ability to respond to rising demands while deepening partnerships within the rapidly growing community. As the Safe Centre continues to grow, it is important to acknowledge that this would not be possible without the support of Catholic Charities of the Archdiocese of Toronto and ShareLife. It is their support that allows us to do the necessary work our community needs to build safer and stronger futures for all families.



National Centre for Equity and Innovation in End-of-Life Care

Saint Elizabeth Foundation



Subsidiarity reminds us that care is strongest when decisions are made closest to the people most affected and when broader systems remain accountable for protecting those most at risk. In hospice palliative care, this principle is expressed through advocacy that is grounded in dignity, equity, and compassion.

At Saint Elizabeth Foundation’s National Centre for Equity and Innovation in End-of-Life Care, advocacy is a core pillar of our work. We collaborate with hospice leaders, community partners, and policymakers to advance equitable, trauma-informed, culturally safer, and harm-reducing approaches to end-of-life care, particularly for people who are homeless and structurally vulnerable.

Hospice Palliative Care Ontario’s (HPCO) annual MPP Day at Queen’s Park is one example of this commitment in action. As Canada marked 50 years of hospice palliative care in November of 2025, Saint Elizabeth Foundation proudly sponsored the event where leaders from across Ontario met with Members of Provincial Parliament from all parties to highlight the essential role of hospice residences, in-home hospice support, grief and bereavement services, and the community leadership that sustains them.

Saint Elizabeth Foundation Executive Director, Fr. Dr. Matthew Durham, and Journey Home Hospice Director of Care, Felicia Kontopidis, were honoured to participate in HPCO MPP Day. They shared how home hospice care improves quality of life, reduces unnecessary hospital use, and supports families and caregivers through emotional, practical, and spiritual needs. These conversations help ensure that public policy reflects experience and community expertise.

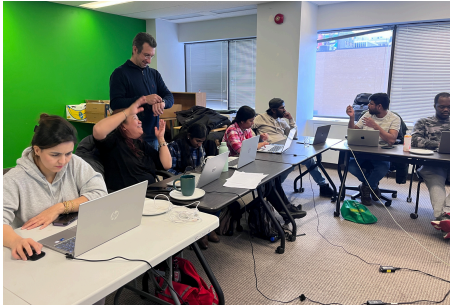
When local voices inform decision-making, and government responds with meaningful support, we move closer to a system where every person can live with dignity and equitable, compassionate care.

Because every life matters, to the very last moment. Learn more at www.foundation.sehc.com



Community Building Begins with Equitable Access

Silent Voice Canada



At Silent Voice Canada, community building begins with ensuring Deaf newcomers have equitable access to opportunity, voice, and participation. In January and February, our Community Support Services team hosted an Employment Workshop Series delivered in American Sign Language (ASL). The workshops created space for participants to strengthen workplace communication skills, explore Canadian workplace culture, and build confidence in resume writing and interview preparation. As a result, participants demonstrated increased confidence, improved interview skills, and greater engagement with peers. Staff observed reduced social isolation, the development of informal mentoring relationships, and a growing willingness to seek and accept feedback. Many remained after sessions to practise and network, a meaningful sign of strengthened social connection and readiness to participate more fully in professional environments.

In February, we also marked Black History Month by welcoming Dr. Janelle Rouse for a presentation on Black history in Canada, including recognition of Black Deaf Canadians who have made significant contributions in sports, theatre, education, and advocacy. Delivered in an accessible and inclusive format, the session created space for dialogue about representation, equity, and shared responsibility within both the Deaf and newcomer communities. Participants engaged in thoughtful discussion, reflected on identity and belonging, and deepened their understanding of social justice and leadership.

Together, these initiatives reflect the principles of Catholic Social Teaching: human dignity, solidarity, and subsidiarity. Meaningful change takes root when communities are supported to lead and make decisions at the local level. By offering accessible spaces and culturally responsive programming, Silent Voice Canada strengthens community resilience while also advocating for systemic accountability in areas such as employment access, language equity, and inclusion. When the Deaf community is supported in building skills, celebrating identity, and engaging in civic dialogue, the entire community benefits. Through collaboration, respect, and partnership, we continue working toward the common good, where every individual can thrive.



A TEAM: Student Leaders Focus on Community Service

The Angel Foundation for Learning

In a day that demonstrated inspiration, compassion and creativity, student leaders from 19 Toronto Catholic high schools and 1 elementary school, gathered on February 25th for the Annual A Team Pitch Day.

As youth leadership is a core pillar to the Angel Foundation for Learning (AFL), the A Team project invites students to become local animators of Catholic social justice, philanthropy and community service in their schools. "It's a very student-centred approach", said Shay McNall, Outreach Coordinator (AFL). "Their collective hearts and minds just take over... and their energy is contagious!"



In the year-long process, seed money is provided to the teams, and school staff/mentors guide them, along with charities such as Angel Foundation and Development and Peace – Caritas Canada.

Teams participating in Pitch Day had the opportunity to present ideas to a panel of judges from the business and education communities for feedback and recognition, as well as additional funds to support their cause. This year's "Pitches of Note" are:

Bishop Marrocco/Thomas Merton: "Here as One" aims to interconnect school clubs to nurture a sense of community and support for student mental health.

St. Basil-the-Great: Their "Greenhouse Tomato" growing project raises funds for the Special Services Program with an emphasis on inclusion and development of real-life skills.

Notre Dame: "Be a Lead-Her" is a mentorship initiative that connects grade 9 students with senior peers through shared interests, with the goal of creating collaborative engagement opportunities throughout the year.

St John Paul II: "Hearts and Halos" involves several school clubs working together to raise funds to support Juliette's Place - a shelter for women and children escaping domestic abuse.

Senator O'Connor: "Lift a Life" expands an existing program to assist school families that would benefit from gift baskets throughout the year.

A Teams are very thankful for the support of AFL, the sponsorship of Focus on Youth and Belairdirect insurance, and the outstanding support of Food for Good.



IN OUR OWN WORDS

Christian Cimino

Recipient of the 2024 Indigenous Youth
Community Leader Scholarship

Christian Cimino is my given name, and my spirit name is Red Thunderbird.

I am the son of a Sixties Scoop mother, grandson to a Residential Day School Grandmother, and great-grandson to a Federal Indian Residential School Great Grandmother. This is common in our communities, but it does not define who we are. Our Nations continue to heal, and positive changes are happening across Turtle Island.

Miigwech to Catholic Charities of the Archdiocese of Toronto (CCAT) for the Indigenous Youth Community Leader Scholarship. This scholarship has helped with my continued education in my second year of the Commerce program at Queen's University. With the help of CCAT, this has made a difference in the pursuit of my studies.

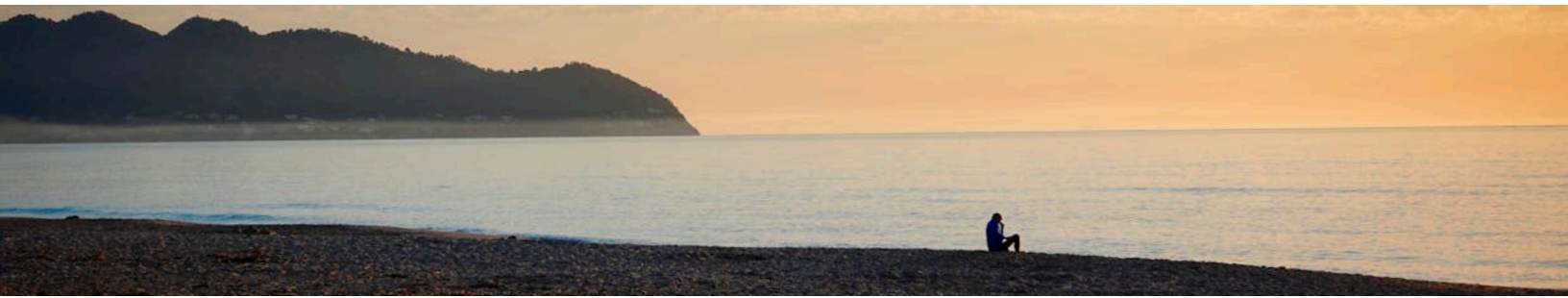
My goal is to graduate from the Smith School of Business at Queen's University in 2028. I would like the ability to show other First Nation youth and First Nations communities that you can do anything you set your mind to and that there is help along the way. The Commerce program opens many future opportunities in the banking sector. With Indigenous youth as one of the fastest-growing demographics in Canada, upon completing my studies at Queen's, I intend to help our communities with financial literacy.

Miigwech for the generous support.

PAUSE & REFLECT

A Call to Pause and Live in the Present

Dr. Agnes Thomas



Across cultures and generations, people often find themselves caught between yesterday and tomorrow. Some replay the past, while others anxiously anticipate the future. In either case, the present moment is often ignored or, worse, missed. And as the years pass and individuals continue meeting and conversing, both personally and professionally, we see the same recurring theme emerge: the human tendency to focus on either the past or the future.

Generally, research shows that young adults tend to focus more on the future regarding their development and growth, while older adults dwell more on the past. From a daily living perspective, this may still apply to most; however, in an increasingly connected global community, time and boundaries have become more fluid, exposing us to varying levels of awareness that influence our knowledge and actions. It is no surprise that age groups are often not the main factor in how threatened people feel by various world issues, whether war, conflict, or a global pandemic; the only exception may be small children.

Some of this is positive, while some of it is not. For example, the number of people travelling and learning about other cultures has greatly increased in recent decades. On the other hand, concerns about the future and perceptions of global instability and economic uncertainty place significant pressure on many people, heightening feelings of helplessness and anxiety. A global study conducted after the major episodes of COVID-19 revealed that anxiety levels increased significantly among younger populations. Additionally, in our local research, mental health and well-being emerged as a key priority, with many individuals struggling to cope.

The current political climate, along with increasing incidents of violence and climate change, further intensifies feelings of frustration and isolation. The question is whether

PAUSE & REFLECT

one chooses to hide from this real or sometimes perceived threat that unsettles one's sense of reality and future, or confront the deeper question of where hope and a sense of home can be found, which inspired this reflection on "Pause" and reminds us of our call to be present.

The Lenten season invites us to reflect on the suffering and death of the One who offered true hope and showed us "the Way." The personal exploration of the meaning of suffering is both a gift and a challenge, inviting us to collectively understand the incredible gift of the death and resurrection. It stands as an example from a time and place where innocent blood was shed for a cause, a sacrifice offered for humanity. It also calls us, in moments of pain and doubt about our lives and the dangers faced by our world, to pause and draw inspiration from the magnificence of the life that was sacrificed for us.

The example of Jesus' life, death, and resurrection offers a response to our existential questions about hope and purpose. It provides a home, a shelter where our worries and anxieties can be relinquished and replaced with 'the promise'. One might wonder how this can be achieved when chaos surrounds us, and we ourselves are not divine. It can only begin when we choose to pause and pay attention to the gift of the moment that presents itself to us, in the fullness of the breath we take.

It is in recognizing these precious moments that we gain the strength to carry on, relieving ourselves of the burden of moments past and future. In holding the moment, we learn to recognize the magnificence of life itself, a gift that can either be celebrated or lost to the past or future. Another gift this practice offers is the ability to create safe boundaries around events, circumstances, and people who regularly uproot us, stopping them in their tracks simply by choosing to remain present to ourselves and to the unconditional love that surrounds us. It also helps us become like children who attract and create joy rather than chaos.

This simple practice of holding the moment steadies us when chaos threatens to overwhelm. It loosens fear's grip and restores our capacity to breathe. And slowly, we reclaim our identity as Easter people and bearers of hope who resist narratives of despair around us. When we choose presence, we become who we are called to be: grounded in love and alive with the power to create joy.

**YOUR OPPORTUNITY
AWAITS!**



CCAT SCHOLARSHIPS

**Applications are now
being accepted!**

Cardinal
Thomas Collins
Palliative Care
& Gerontology
Studies
Scholarship

Indigenous
Youth
Community
Leader
Scholarship

Fr. Paul Lennon/
Doreen Cullen
Social Work
Scholarship

Life-Long
Learner
Scholarship

Sisters of
Service
Scholarship

**APPLY
NOW!**

**PLEASE SUBMIT ALL APPLICATIONS TO:
INFO@CCAT.CA**

DEADLINE: **APRIL 30, 2026**

**VISIT OUR WEBSITE FOR
MORE INFORMATION:
CCAT.CA/SCHOLARSHIPS**

CCAT MICHAEL FULLAN COMMUNITY SERVICE AWARDS

Applications are now
being accepted!

Three Categories:

10 Years in the
Human
Services
sector

Youth up to
29 years
of age

Exceptional
Difference
to an
Equity-deserving
Community

DEADLINE: APRIL 30, 2026

**APPLY
NOW!**

PLEASE SUBMIT ALL APPLICATIONS TO:
INFO@CCAT.CA



**Catholic
Charities**
of the Archdiocese of Toronto

VISIT OUR WEBSITE FOR
MORE INFORMATION:
[CCAT.CA/SCHOLARSHIPS
-AND-AWARDS](http://CCAT.CA/SCHOLARSHIPS-AND-AWARDS)

ON THE HORIZON

POVERTY & DISABILITY

**A 2-PART
EXPERT PANEL DISCUSSION**
EXPLORE HOW POVERTY
AND DISABILITY INTERSECT
TO INTENSIFY BARRIERS TO
FOOD AND HOUSING

Grounded in lived experience, the series will help us understand the realities of poverty for people with disabilities in Part One and offer concrete tools for advocacy and action in Part Two.

PART ONE



Panelist
Dave Petkau



Panelist
Suzanna Chen



Moderator
Wendy Porch



Panelist
Rabia Khedr



Panelist
Jovanna Scorsone

PART TWO



DATE

Part ONE: 20 April, 2026
Part TWO: 27 April, 2026



TIME

05:30-7:30 pm



WHERE

Zoom

REGISTER NOW



PART ONE

<https://us02web.zoom.us/j/84461212693>

PART TWO

<https://us02web.zoom.us/j/84461212693>

CALL TO ACTION



Archdiocese
of Toronto

Help Not Harm

We invite the Catholic community to respectfully contact their local Member of Parliament (MP), requesting their support of a Private Members' Bill (C-218, **The Right to Recover Act— an act to amend the Criminal code – Medical Assistance in Dying**) currently before the Parliament of Canada.

What is Bill C-218? Bill C-218 amends the Criminal Code to make it illegal to provide Medical Assistance in Dying (MAiD) to individuals whose sole underlying condition is a mental illness. It recognizes the importance of Canadians to recover from mental illness and ensures help can be offered, not harm.

WHY IT MATTERS:

- **Every life is precious.** As Catholics, we believe in the sanctity of every human life, from the moment of conception to natural death.
- **A desire to die can be a symptom of illness.** Suicidal thoughts are frequently part of mental illness itself, raising serious concerns about whether consent can ever be truly free and informed.
- **Mental illness is often treatable.** Many mental health conditions improve over time with proper care, therapy, medication, and support. Recovery remains possible, even after long periods of suffering.
- **Gaps in mental health care remain unresolved.** Long wait times, limited access to psychiatrists, and uneven mental health services mean some may seek to end their life due to system failure, not medical necessity.
- **There is an increased risk to vulnerable Canadians.** Individuals navigating mental health challenges are more likely to experience poverty, trauma, isolation, disability, or lack of access to care—factors that may pressure individuals toward assisted suicide.

BACKGROUND ON BILL C-218

What is a Private Members' Bill? A Private Members' Bill is a piece of legislation introduced in Parliament by a Member of Parliament (MP) or Senator who is not a Cabinet Minister, Parliamentary Secretary, or Speaker. These bills allow individual legislators to propose new laws, or amend existing ones, typically focusing on public policy issues. Bill C-218 has been introduced by the Conservative Party of Canada Member of Parliament for Cloverdale-Langley City, British Columbia, Tamara Jansen.

To pass, this legislation will require support from more than one political party. We believe that many MPs are uncomfortable with the rapid expansion of Medical Assistance in Dying (MAiD) in Canada and in particular, the possibility that MAiD will be offered for those whose primary underlying condition is mental illness. We are asking MPs to vote their conscience, regardless of party affiliation.

The difference in passing this Private Members' Bill could be just a few votes in the House of Commons. It is critical that constituents contact their Member of Parliament asking them to support Bill C-218. If the legislation does not pass, as of March 17, 2027, new laws will take effect to allow MAiD for those whose sole underlying condition is mental illness.

TAKE ACTION AT HelpNotHarmCanada.ca TODAY!

The Bill is scheduled for second reading in early April 2026 with a vote on the legislation expected by mid-April 2026. Please visit HelpNotHarmCanada.ca today where you can send an e-mail directly to your local Member of Parliament in less than 3 minutes. If the legislation does not pass, as of March 17, 2027, new laws will take effect to allow MAiD for those whose sole underlying condition is mental illness.

Chances are, you know someone suffering from mental illness. In any given year, 1 in 5 Canadians experience a mental illness. It may be a relative, friend or colleague. As Catholics and Canadians, we have a responsibility to offer care, hope and protection NOT death for those close to us and those most vulnerable who are suffering.

Visit HelpNotHarmCanada.ca today and ask your MP to support Bill C-218.



SCAN ME

Catholic Charities of the Archdiocese of Toronto

How you can contact member agencies and affiliated agencies of Catholic Charities

MEMBER AGENCIES

COMMUNITY/FAMILY SERVICES

Catholic Community Services of York Region
1-800-263-2075
www.ccsyr.org

Catholic Crosscultural Services
416-757-7010
www.cathcrosscultural.org

Catholic Family Services of Durham
1-877-282-8932
www.cfsdurham.com

Catholic Family Services Peel-Dufferin
905-450-1608
www.cfspd.com

Catholic Family Services of Simcoe County
1-800-726-2503
www.cfssc.ca

Catholic Family Services of Toronto
416-921-1163
www.cfstoronto.com

PEOPLE WITH DISABILITIES

Mary Centre
416-630-5533
www.marycentre.com

Saint Elizabeth Health Care
905-940-9655
www.sehc.com

St. Bernadette's Family Resource Centre
416-654-9810
www.stbernadettesfrc.org

St. Michael's Homes
(Our Place Community of Hope Program)
416-926-8267
www.stmichaelshomes.org

Silent Voice Canada
416-463-1104
www.silentvoice.ca

SENIORS

Centres d'Accueil Héritage (CAH)
416-365-3350
www.caheritage.org

LA Centre for Active Seniors
416-452-4875
www.lacentreforseniors.ca

Houses of Providence
(Unity Health Toronto)
416-285-3666
www.providence.on.ca

Society of Sharing
416-413-0380
www.societyofsharing.org

CHILDREN AND YOUTH

Catholic Children's Aid Society of Toronto
416-395-1500
www.torontocas.ca

Covenant House of Toronto
1-800-435-7308
www.covenanhousetoronto.com

YOUNG PARENTS

Rosalie Hall
416-438-6880
www.rosaliehall.com

Rose of Durham
(Young Parents Division of CFS Durham)
905-432-3622
www.roseofdurham.com

Rose of Sharon
905-853-5514
www.roseofsharon.com

Vita Centre
905-502-7933
www.vitacentre.org

AFFILIATED ORGANIZATIONS

Birthright International
1-800-550-4900
www.birthright.org

Good Shepherd Ministries
416-869-3619
www.goodshepherd.ca

Natural Family Planning Association
437-600-9333
www.toronto.naturalfamilyplanning.ca

St. Marguerite Bourgeoys FertilityCare Toronto
416-465-2868
www.fertilitycare.ca

Society of St. Vincent de Paul
(Camp Ozanam)
416-364-5577
info@ssvptoronto.ca

To learn more about
Catholic Charities, go to:

www.ccat.ca



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